C. The Kirghiz

563 1. The people

Taking Tien-shan as a whole, the Kirghiz form the leading [771] element of the population. They are Mohammedans of the Suni order, but they are not strict followers of their religion. Their [642] system of government is patriarchal, control of the different [622] sections being vested in tribal elders who enjoy almost unlimited authority. The elders (Manap) are chosen by the people, and regarded with honor and respect.

[233] The people are nomads whose main occupation is cattle rais- [241] ing. Only a small proportion of the population engages in farming.

563 2. Patterns of living

563 342 a. Dwelling

The Kirghiz do not live in houses. The poor live in shelters [184] made of branches under trees or against overhanging rocks. The rich live in tents, smaller and less ornate than the Mongolian yurt but more solid with thick layers of felt. A light tent is called an aq-ai. It stands a gale very well, as the shape is such that a high wind presses the structure even more firmly to the ground. To make it more stable, a large stone is placed in the tent and the woodwork of the roof is anchored to it by a rope.

The shape and structure of an aq-ai are similar to those of [354] the Mongolian yurt, but the interior arrangement differs. A fire always burns cheerily in the middle and a cauldron of mash [353] simmers upon it. At the far end is the kitchen, which is screened by gaily colored mats of reeds tightly wound with dyed wool. [251] Here the housewife stores her milk, cream and curds in vast [231] wooden bowls. When the weather is wet, a row of young lambs occupies one corner of the tent. They are tethered closely to a rope pegged down along the walls. Saddlebags, sieves, hats, [353] wool, coats, skins and so forth are hung along the tent walls. Piles of rolled-up felts and rugs occupy about a quarter of the circumference of the tent. The wealth of the owner may be guessed from the size of the piles.

563 342 352 353 The interior decoration in the tent of a wealthy Kirghiz is often artistic. The walls are hung with embroideries made by the women, and the ground is covered with carpets. There are also pillows covered with multi-colored chintz of Chinese or Russian manufacture. Furniture is not generally used. There is [415] an occasional table, a few copper pots and pans, and some brass jugs used for boiling water and making tea.

563 262 252 b. Food

Staple foods for the Kirghiz are barley, bread, milk and its products, such as sour cream and qurut, a kind of cheese. In most tents there are cauldrons of brewing mash, a mixture of flour and milk. Qurut is made by drying sour cream in goatskin.

/Turkic Peoples of Sinkiang/

286 Khotan is the most famous of the cities in Sinkiang in the
53 production of the famous oriental rugs, in needlework and also
197 in metal works (Kashgar and Yarkand are also important centers of rug weaving). The design of many of the rugs is a most interesting mixture of Persian and Chinese styles. The whole treatment is unmistakeably Persian, though many small details are Chinese. The same blending of the Far with the Near East is found in the beautiful embroidery of Khotan. The stitch chiefly used in the embroidery is the Turkish chain stitch, which is not found in the embroidery in China, but the wave and cloud patterns, the butterflies and some of the flowers are definitely of Chinese design. Khotan is also famous for its craftsmanship in brass and copper household utensils decorated with elaborate floral designs in pierced metal work.

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286 Kuch in the north has been famous for generations for the
294 gold and silver embroidery on velvet. Women's indoor caps are
53 the chief article of manufacture. The design as a whole is Per-
[197] sian, but the use of circular medallions in embroidery on robes is a Chinese device.

53 There has been a tremendous decline in all these works of
517 art and articrafts in the present century, mainly because of the
179 availability of factory-manufactured cheap objects of daily use,
178 from both Russia and China proper. Thus, the carpets of Khotan and the surrounding country are slowly disappearing, and their quality has gone down. The expensive handmade items are replaced by the cheap materials provided by modern industry. The class of artists and artisans has declined, since it is impossible for them to compete with new imported products.

517 The artistic expressions inspired by the new Communist re-
532 gime are totally different from the old indigenous ones. They
177 center around paintings and statues glorifying the present-day
668 leaders, and describing episodes from the life of the newly "liberated" working class. Nothing could be more foreign to the spirit and traditions of the Eastern Turkis.

E. Music and Dance

533 The taste for music and dance is highly developed in Sin-
529 kiang, and it constitutes the main means of entertainment for important social occasions. There are professional musicians (maghmatchi) organized in bands of three or four individuals, available for hire. At many public feasts, a band is hired for entertainment. The musicians chant as they play their instruments. The tunes are simple, composed primarily for accompaniment to the dance, or, more often, improvised. To the Western-trained ear, both tune and rhythm are monotonous.

534 Most of the musical instruments used in these bands are of
[197] Persian origin. Grenard lists the following instruments:

Doutar—a long guitar with two strings.

/The Chinese/

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*563 by half a million people - even if they live mainly on rice - is
164 bound to be formidable. No sewage system of any kind exists; its
364 place is taken by an old established guild of public servants who
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563 can be seen every morning in large numbers making their way
164 through the streets. The casks or buckets which dangle from
364 the bamboo poles across their shoulders smell no better than
you would expect them to. They are always full to the brim and
their contents, which are eventually sold to truck gardens on the
outskirts of the city, are a constant threat to the legs of the
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passers-by.... The buckets in which they carry their night
• [415] soil down the hill are used, after being briskly rinsed, to carry
[312] their water up."

Besides producing a very unpleasant picture, this description brings out the very serious problems connected with the lack of a proper sewage system. It also points out the many possibilities for spreading contagious diseases and infections.

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*563 Tuberculosis is quite prevalent in China. Epidemic diseases
164 are common also, such as typhoid and paratyphoid fevers, cholera
[165] and smallpox. Malaria and the two kinds of dysenteries, amoebic
[844] and bacillary also are present. Death at childbirth, both of infants
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563 and mothers, is quite high, because of the lack of adequate sani-
164 tary precautions during childbirth and the practices of the mid-
[165] wives, who do nothing to prevent infection of both mother and
[844] child.

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Winfield in his book states that "seventy-five per cent of all
[165] deaths in China are due to preventable diseases that are under control in the West; there are about 15 million deaths each year in China, of which 11,750,000 are due to preventable diseases." (China: The Land and the People, p. 111).

D. Medical Personnel

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The lack of Western-trained doctors, nurses, pharmacists
759 and dentists in the Northwest is an extremely serious problem.
*563 Most people, because of the shortage of medical personnel, still
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go to the local herb-doctors. (A full description of the traditional
759 Chinese science of medicine is given in the General Handbook).
563 In many less acute cases, people either neglect to do anything or attempt to treat themselves by unscientific methods.

E. Efforts of the Government

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The Nationalist Government was aware of the serious shortage
744 of medical personnel and equipment in all of China, including the Northwest. Two national organizations were established in the 1930's to deal with these problems: The Department of Public Health under the Ministry of the Interior, which had a Northwestern Office for the Prevention of Epidemics, and the National Health Department under the National Economic Council, which also had an office in the Northwest.